

**ANNOUNCEMENTS**  
**Week of February 10, 2019**

Officer of the Day: Jim Wolfe  
The Coffee Host: Andrew Bullene  
Listening Devices: Dan Reid

**SHARE THE OFFERING:** Forest Unlimited's mission is to protect, enhance, and restore the forests and watersheds of Sonoma County. Forest Unlimited educates the public about logging plan review, forestry law and regulation, monitors logging plans county wide, works to improve logging rules, and sponsors forest restoration projects.

**UU PARENTING GROUP** begins February 12 - Join us for the first or umpteenth time in this six-session group that meets on the second and fourth Tuesdays of the month. Led by psychologist Dr. Barbara Kezur, and Jen Freese, DRE, the group covers a wide range of parenting topics through the lens of Unitarian Universalism. This time, each participating family will partner with another family to provide a meal for the group. Meals begin at 5:30 pm and the group runs from 6:15-7:45 pm. Free childcare is provided during group time. Please RSVP to Jen Freese at [Email Deleted](#).

**ADULT RE:** Upcoming Offerings: Celebrate Black History Month... join Mike and Tom Bond at 12:30 in Room 545 on February 17th for **Traveling through the American South**, a slide show of their mission to learn more about the civil rights movement. Rev. Chris' next class in his series **The Theology of Rev. Chris** will be **Human Nature** (March 9th 10-12.) Rev. Chris' last session on the Tao Te Ching (part of his Scripture Study series) takes place Feb. 12. A new program on the challenges of aging will happen on March 6, March 13, and March 20, 6:30-8:30 p.m. **Supporting Aging Seniors** addresses a times when someone you love will no longer be able to live safely independently. The focus will be on concerns for caring for loved ones, resources for supportive aging, developing a plan in consultation with your loved ones, and strategies for critical conversations. (\$15; limited to 30). Please sign up for all classes, except Rev. Chris', at the RE table.

**CUUPS MEETING TUESDAY:** Pagans worship nature. Don't laugh.....we can prove it exists. Come join us for some fun and merriment. We meet Tuesday, February 12, from 5 to 6:30 in room 545. For more information: [Email Deleted](#) See you there. Blessed Be!

**NUUESTRA FIESTA is 3 weeks away on March 2.** Donations will still be collected until February 24—details at the table in the social hall. There will be child care the night of the Auction. How great is that?

**CUUPS THIRD FRIDAY DRUM CIRCLE** is this week on the 15th. We meet in Room 545 at our NEW time 6:30-8:30 PM. If you are new to the Congregation and wonder what it is like to feel your spirit physically, come experience it with us. You need NOT own a drum, we have ones for you to use. Blessed Be! Stacy Sincheff

**SILENT DRAWING MEDITATION GROUP:** Friday afternoons from 2 to 4 in the board room. Bring your drawing supplies and ideas; still life set up provided. This is a silent meditation group, donation requested, \$5 non members, \$2 members. For information contact Judy Hutchinson Phone # Deleted

**LEGACY CIRCLE CELEBRATION:** "The Endowment Committee invites you to join us in the social hall today after the late service. We are celebrating the achievement of a major goal for 2018. We now have 100 members in the Legacy Circle!"

**WEEKEND RETREAT AT ST. DOROTHY'S REST** Mark your calendars for this Spring's Women's Retreat. It will be from 4 pm on Friday, May 3rd, to noon, Sunday, May 5th. As with so much else, the cost has gone up a bit. It's now \$210 for a bed in a double room or \$190 for a bed in the dorm. As always, scholarships are available. Sign-ups will be on April 7th and 14th. More details to follow but we want to make sure that you have this on your calendars so you won't make other plans!

**A4SJ FILM SERIES:** Disability Rights, A Collection of Ted Talks and U tube Videos, Sunday, February 24, 2019. following the 11 AM service, in the Board Room. Our fifth film program in this year's series is devoted to disability rights. We have combined several Ted Talks and You Tube videos which, taken together, offer a sweeping history of the efforts to advance the human rights of disabled people. Snacks will be available rather than lunch and discussion will follow the viewing.

**FAITH AND FITNESS:** February hike Saturday, February 16, Sonoma Valley Regional Park. Listed as one of the top winter hikes in Sonoma County. We'll start at the main entrance on Highway 12 at 10:00, with a carpool from Santa Rosa forming at 9:15. Questions and sign up to Gretchen P., [Email Deleted](#), 707-Phone # Deleted

**MEN'S GATHERING:** Hello all male-identified folks! Mark your calendar now for a Men's Gathering on Saturday, February 16th, from 1:00 - 4:00 pm at the Glaser Center. Deep sharing. Singing. Small groups. More singing. Laughter. More sharing. Good and good for you! For more info, contact Mac Freeman.

**CIRCLE DINNER SIGN-UPS:** New groups will be forming and sign-ups will continue today, February 10 after the services outside the sanctuary. You may sign up for day or evening groups. Everyone who wants to participate must sign up, even to be on the substitute list. Circle Dinners are a great way to meet new people in the comfort of group members' homes, enjoy fantastic food and visit with friends at a deeper level. Please consider signing up, especially if **you are new to the church** or have not participated before. Lots of fun! Wayne and Sharon

**SPIRIT MOVES BODY MOVES:** Come move with us on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays from 1:00 to 2:00 pm, February 20<sup>th</sup> next meeting, in Room 545." Healing is a journey. It involves stepping out of our conventional scripts & improvising a dancing path" - Gabrielle Roth. Contact Bertha Jean Schmidt at [Email Deleted](#) or 707-Phone # Deleted

**THE UU UPDATE:** UUCSR monthly newsletter: Submissions for the following month are due by noon the Monday which follows the 3rd Sunday. Send to [newsletter@uusantarosa.org](mailto:newsletter@uusantarosa.org). Submissions for March newsletter due by 12 pm Monday, February 18.

**THE ANNOUNCEMENTS & ORDER OF SERVICE INFORMATION** deadline is Wednesday at noon. Send to [announcements@uusantarosa.org](mailto:announcements@uusantarosa.org). WE HAVE ONLY 1 PAGE FOR ALL SO PLEASE BE BRIEF!